

HOLY SPIRIT

S - SOUL. Remember you need to feed your soul. “For what does a man have if he gets all the world and loses his own soul?” (Matt. 16:26). So start with putting your focus to your soul. Your very inner you. Feed your soul.

P - PRAY. How will you feed your soul? Pray. Every time you see or touch the bracelet - pray. Pray and praise God. Talk to God. Bring all your burdens into His presence.

I - INVITATION. God loves us so much, that He gives us freedom to choose. Invite Jesus into your life. Invite the Holy Spirit to guide your mind, your action. Also invitation stands for your inviting others into a relationship with God and other believers. All you need to do is care enough to invite. Who will you invite into worship?

R- READ. Read the Bible. Otherwise, this will just be our feelings, our thoughts, our interpretation of God, creating our own images. But read the Scripture. None of us have a good enough excuse not to read. Even if you can't read, there are plenty of ways you can listen. Let someone else read to you. Even the busiest people make time for what is important.

I- IN FAITH. All you do, do in faith. Have faith in all circumstances, at all times.

T - TAKE ACTION. Ask yourself every day. How will I serve God? In what way can I serve God today?

The last knot, I invite you to **be silent**. Listen to God; stop talking and asking. Stop speaking and take a moment to listen. Listen to God. Be still. Tune your heart to listen to God. Have an intention and goal to listen to God.

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